

DEGREE: Bachelor of Science in Family and Consumer Science
 MAJOR: Human Nutrition and Dietetic Science
 OPTION: Nutrition Education

2025-2026 Catalog Year
 Created May 2025

Name:
 ID #:
 Advisor/Date:

Course Subject and Title	Credit Hours	Minimum Grade	Completed	Additional Degree Requirement Notes
Nutrition Education Option				
Freshman Fall Semester	14-15			
ENGL 1110G Composition I OR 1110H Composition Honors OR 1110M Composition I Multilingual	4	C		Common Core Area I - English Composition-Level 1
MATH 1220G College Algebra OR MATH 1430G Applications of Calculus OR MATH 1511G Calculus and Analytic Geometry OR MATH 2530 Calculus III	3	C		Common Core Area II Prerequisite: Adequate scores on Math Placement Exam or combo of ACT/SAT and GPA, or C- or better in CCDM 113 N or CCDM 114 N
ACOM 1130G Effective Leadership Communication in Agriculture OR COMM 1115G Introduction to Communication, OR COMM 1130G Public Speaking, OR HNRS 2175G Introduction to Communication Honors	3	C		Common Core Area I
CHEM 1215G General Chemistry I Lecture and Lab for STEM Majors (course substitute for CHEM111G/L General Chemistry)	4	C		Common Core Area III – Laboratory Sciences (1 of 2) Prerequisite: MATH 1215 or higher, or an equivalent score on the Mathematics Placement Exam
ACES 1120 Freshman Orientation (course substitute for ACES 111 Freshman Orientation) or ACES 1210 Financial Fitness for College Students (course substitute for ACES 121 Financial Fitness for College Students)	1			Not required for the degree. Highly recommended if new to NMSU.
Freshman Spring Semester	14			
ENGL 2210G Professional & Technical Communication OR ENGL 2221G Writing in the Humanities & Social Sciences ENGL 2130G Advanced Composition OR ENGL 2215G Advanced Technical and Professional Communication	3	C		Common Core Area I - English Composition-Level 2 Prerequisite: C- or better in ENGL 1110G or ENGL 1110H or ENGL 1110M
PHLS 1110G Personal Health and Wellness	3	-		Common Core Area IV – Social/Behavioral Sciences
NUTR 2120 Seminar 1 – Becoming a Nutrition Professional (Spring Only)	1	C		Only available in the Spring.
BIOL 2110G/2110L Principles of Biology: Cellular & Molecular Biology and Lab or BIOL 2610G/2610L Principles of Biology: Biodiversity, Ecology, and Evolution and Lab	4	-		Common Core Area III – Laboratory Sciences (2 of 2) Prerequisite: C- or better in MATH 1215 or higher; C- or higher in CHEM 1120G or CHEM 1215G or CHEM 1216
Creative and Fine Arts Core Course	3	-		Common Core Area VI

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Sophomore Fall Semester	15			
NUTR 2110 Human Nutrition	3	C		
FCSC 2250 Overview of FCS Teaching (Fall Only)	3	C		Only available in the Fall.
BIOL 353/353L Pre-Professional Human Anatomy and lab (4 cr.) OR SPMD 2210/2210L Anatomy & Physiology I (4 cr.)	4	C		Prerequisite: BIOL 2110G and either CHEM 1120G, CHEM 1215G, or CHEM 1216
FSTE 2110G Food Science I	4	C		Common Core Area III OR General Education Elective
HRTM 1310 Safety, Sanitation, and Health in the Hospitality Industry	1	-		May be waived if student holds current ServSafe Food Protection Manager Certificate.
Sophomore Spring Semester	16			
HRTM 1320 Food Production and Service Fundamentals	3	-		Prerequisite(s): HRTM 1130 or FSTE 2110G Pre/Corequisite: HRTM 2110 or valid ServSafe Food Protection Manager certificate
PHLS 2110 Foundations of Health Education or PHLS 375/3210 Foundations of Community Health Education	3	C		Prerequisite: PHLS 1110G Personal Health & Wellness
PHIL1145G Philosophy, Law, and Ethics or PHIL 2110G Introduction to Ethics	3	-		Common Core Area V - Humanities Core Course
BIOL 354/354L Physiology of Humans and lab SPMD 3210/3210L Anatomy & Physiology II and Lab	4	C		Prerequisites: BIOL 2110G and MATH 1220G
MATH 1350G Introduction to Statistics or A ST 311 Statistical Applications	3	-		Prerequisite: Adequate score on Math Placement Exam or combo of ACT/SAT and GPA, or C- or better in MATH 1215 or higher

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Junior Fall Semester	16-17			
FSTE 320/4110 Food Microbiology (4) (Fall only) OR BIOL 311 and 311L General Microbiology with lab (5) OR BIOL 2320 Public Health Microbiology (3) and BIOL 311L (2)	4-5	C		Prerequisite for <u>FSTE 320</u> : BIOL 2110G/L or BIOL 2610G/L Prerequisites for <u>BIOL311/311L</u> : BIOL 2110G and MATH 1220G Prerequisites for <u>BIOL 2320</u> : BIOL 2110G/L
NUTR 3110 Nutrition Throughout the Lifecycle (Fall only)	3	C		Prerequisites: NUTR 2110, BIOL 354 + lab or SPMD 2210 + lab
ELAD 350V/3110V Introduction to Educational Leadership in a Global Society	3	C		
Viewing a Wider World Course - PHLS 3120V Women's Health Issues	3			Viewing a Wider World Recommend to take one VWW course from College of Health, Education, and Social Transformation
PHLS 395/3220 Foundations of Public Health	3	C		
Junior Spring Semester	16			
NUTR 3710 Food Systems & Policy in Dietetics (Spring Only) (course substitute for FCST 2140 Adult Development and Aging)	3	C		Prerequisites: Junior standing, NUTR 2120, ENGL 2130G (or ENGL 2210G, 2215G, or 2221G)
NUTR 3750 Applied Nutrition Research (course substitute for FCSC 400 Research Methods or AXED 456 or PHLS 4310 or PSYC 310 or SOCI 352)	3	-		Prerequisites: Junior standing, MATH 1350G (OR A ST 311)- waived for NE students; NUTR 3110.
FCSE 345/3110 Management Concepts in FCS Teaching (Spring Only)	3	C		
PHLS 4620V Cross-Cultural Aspects of Health or PHLS 464V Cross-Cultural Aspects of Health (any upper-division PHLS course may be used as a substitute)	3	C		
HRTM 363/3310 Quantity Food Production and Service	4	-		Prerequisite: HRTM 1320

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Senior Fall Semester	15			
NUTR 4210 Community Nutrition (Fall Only)	3	C		Only available in the Fall. Prerequisite: NUTR 3710, NUTR 3750
PHLS 4610 Health Disparities: Determinants and Interventions (Fall Only) or PHLS 4320 Epidemiology	3	C		
FCSC 445/4120 Career and Technical Education Programs (Fall Only)	3			
FCSC 446/4510 Teaching Methods I for FCS (Fall Only)	3	C		Prerequisites: FCSE 2250 and FCSE 345 and an overall GPA of at least 2.75, admitted to FCSE program, completion of NES Essential Basic Skills Tests I, II, & III.
NUTR 4220 Food Service Organization and Management (Fall Only)	3	C		Prerequisite: HRTM 3310
Senior Spring Semester	14			
PHLS 459/4810 Infectious and Noninfectious Disease Prevention (Spring Only) or PHLS 467/4640 Rural Health Issues	3	C		Prerequisite: PHLS 395/3220
Viewing a Wider World Course	3			Viewing a Wider World <i>Cannot be within ACES or within same college that your Junior Fall VWW course is housed.</i>
NUTR 4565 Community Field Experience (Spring only)	2	C		Prerequisite: Final spring semester; NUTR 4210
FCSE 447/4520 Teaching Methods II for FCS	3	C		Prerequisites: FCSC 446, and an overall GPA of at least 2.75, admitted to program.
NUTR 4205 Nutrition Communication & Education (Spring Only)	3	C		Prerequisites: NUTR 3750; NUTR 4210 (<i>HNDS majors, minors, or instructor permission.</i>)
Total	120 - 122			